**Cornerstone One Resources**

**Budgeting to Create Savings**

**Materials**

Cornerstone One Booklet – Budgeting to Create Savings - pdf

Cornerstone One Spending Matrix - pdf

CFPB 6 Question Assessment - pdf

UW Extension Financial Assessment – pdf (University of Wisconsin)

Monthly Budget fillable - pdf

Monthly Income Tracker fillable – pdf

Paycheck Planner fillable - pdf

**Online**

Website: Consumer Financial Protection Bureau (CFPB)

<https://www.consumerfinance.gov/consumer-tools/financial-well-being/>

YouTube: PBS - Two Cents Video

[Why It's More Expensive To Be Poor - YouTube](https://www.youtube.com/watch?v=aLwRZibUqL0)

YouTube: Marshmallow Experiment

<https://www.youtube.com/watch?v=Yo4WF3cSd9Q>

YouTube: Don’t Buy Stuff – Saturday Night Live

<https://www.youtube.com/watch?v=R3ZJKN_5M44>